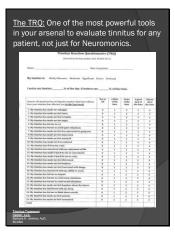


Slide 2

Do all roads lead to Oasis? Which patients will the have most success with Neuromonics (what the guidelines don't tell you). Cost factors – They are real and to be dealt with. Audiometric data – Does the audiogram determine success? Lifestyle factors - Compliance is king.

Slide 3



Slide 5

TRO Additions: What % of the day does your patient notice his tinnitus and what % of that time does it bother him?

I notice my tinnitus ____% of the day, It bothers me_____% of the time.

Slide 6

Answer all questions by circling the number that best reflects how your timitus has affected you in the last week.	Not at All	A little of the time	Some of the time	A good deal of the time	Almost all of the time
1. My tinnitus has made me unhappy.	0	1	2	1	- 4
2. My tinnitus has made me feel tense.	0	1	2	- 3	4
3. My tinnitus has made me feel irritable.	0	1	2	3	4
4. My tinnitus has made me feel angry.	0	1	2	3	4
5. My tinnitus has led me to cry.	0	1	2	3	4
6. My tineitus has led me to avoid quiet situations.	0	1	2	3	4
7. My tinnitus has made me feel less interested in going out,	0	1	2	3	4
8. My tinnitus has made me feel depressed.	0	1	2	3	4
9. My tisnitus has made me feel annoyed.	0.	1	2	3	4
10. My tinnitus has made me feel confused.	0	1	2	3	4
11. My tinuitus has driven me crazy.	0	1	2	3	4
12. My tinuitus has interfered with my enjoyment of life.	0	1	2	3	4
13. My tineitus has made it hard for me to-concentrate.	0	1	2	3	4
14. My tinnitus has made it hard for me to relax.	0	1	2	3	- 4
15. My tineitus has made me feel distressed.	0	1	2	3	- 4
16. My tinnitus has made me feel helpless.	0	1	2	3	4
17. My tinnitus has made me feel frustrated with things.	0	1	2	3	4
18. My timitus has interfered with my ability to work.	0	1	2	3	4
19. My timitus has led me to-despair.	0	1	2	3	4
26. My timitus has led me to avoid noisy situations.	0	1	2	3	4
21. My timitus has led me to avoid social situations.	0	1	2	3	4
22. My tinuitus has made me feel hopeless about the future.	0	1.	2	3	- 4
23. My tineitus has interfered with my sleep.	0	1	2	3	-4
24. My timitus has led me to think about suicide.	0	1	2	3	4
25. My timaitus hus made me feel ponicky.	0	1	2	3	4
26. My timitus has made me feel termented.	0	1	2	3	4
Total					

<u>Beginning Neuromonics</u> <u>Treatment – Suggestons</u> <u>for Patients</u>

- Research, blog, read... then stop
- Dear Me, a letter to myself:
 Understanding the effects tinnitus has and how treatment has helped

Tinnitus Treatment Center I.I.C. Barbara H. Jankins, AuO,

Slide 8

First Session Counseling

- Neuromonics is a helpful tool the patient uses to learn to control his own tinnitus.
- Pavlov's dog revisited
- Expectations are everything!
 Set realistic expectations and under promise.

Tinnitus Treatment Center, LLC, Bathers H. Jerkins, AuD, BCABA

Slide 9

Neuromonics is a great choice for 20% of my patients. What do I recommend for the other 80%?

- Just knowing is enough
- Other medical issues can be addressed to reduce the tinnitus significantly
- Hearing aids with or without masking – but be cautious

Tinnibus Treatment Center, LLC, Barbara H. Jenkins, AuD, BCABA

Slide 10 When things just don't go as planned • Tinnitus is getting worse! Compliance issues Equipment failure Great Expectations Tinnitus Treatment Center, LLC Berbara H. Jankins, Aus BCABA Slide 11 Is Neuromonics worth it?

- Neuromonics therapy is the most reliable treatment I've
- Neuromonics treatment works as long as the audiologist is properly trained and confident in his treatment strategy.
- Oasis + Educated Audiologist = Success!

Slide 12

V.W. Letter dated 07/07/2012...

- ...It was Horrible! It was so loud in my head that I had to turn up the TV to hear. I visited several ENT doctors and no one offered me any relief. Sometimes would cry all night long out of despair...
- ...I was tempted to run out of the house at night and just keep running. You were the first doctor to offer me any hope. I thank you for encouraging me to keep at it and that I WOULD get better. And I did!! I am so thankful to have my life back!

Name P W This questionnaire is designed to find out what so			te Conglia		20/01
your lifestyle, general well-being, etc. Some of the some may not. Please ammer <u>all</u> questions by ci inflicts how your timibus has affected you <u>over t</u>	effects	bolow m			
	Not at all	A IIIIs of the time	Some of the time	A good deal of the	Almost st of the time
My timitus has made me unhappy.	0	9	2	3	100
2. My Similar has made me feet tense.	0	1	2	·60	00
3. My Strollys has made me find intiable.	.0	1	2	(4)	4
4. My timultus lines mando trisa lines ongry.	0	2	2	(0)	4
S. My timethas has led me to py.	0	1	(3)	3	4
6. My tirelitus has led mo to avoid quiet situations.	0	æ.	2	3	4
My treatus has made my faul less intotasted in point out.	. 0	1	2	C	4
5. My limitus has made me feel depresent.		- 1	2	. 3	00
My Sociétes tres mado me feel annoyed.		1	2	3	050
10. My tirestas here marks one feet confessed.	. 0	1	_2		140
11. My tendus her "thivon me cracy".	0	1	2	3	142
12. My tineltus has interfered with my enjoyment of life.	0	. 1	2	3	20
13. My timelus has made it hard for me to concentrate.	0	1	2	3	20
14. My tanatus has made it hard for me to relax.		- 1	2	3	100
15. My Smitte has made me feel distressed.	0	. 1	2	2	00
16. My lincitus has made me feel halpines.	. 0	- 1	2	3	30
17. My titrothis has made me feel frustrated with trings.	0	- 1	2	6	14
18. My tirettus has interfaced with my stality to work.	0	1	2	6	4
19. My timilion has led me to despair.	. 0	1	2	3	10
20. My tinnibus has ted me to sweld noisy situations.	. 0	S	2	2	4
21. My treatus him led me to world social situations.	. 0	(51)	2	. 3	4
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23. My titratus has interfered with my elega-	0	9	2	3	(4)
24. My firmitus has led me to think about suicide.	.0	1	(3)	2	4
25. My trentse has made me feet parkity.	0	1	3	5	60 1
26. My trestop feet Procto me less termanise.	. 0	.1	2	3	PAZ
Total (83)	76	3	2	145	lost
First office visit	-	1	Whon et a	1991	4.7

Slide 14

Tinnitus Reaction Questionnaire (TRQ) The questionnaire is despred to the cut what is your tineous, person well-outing, etc. Sense of to once may sor. Please enswer all questions by a pticitie how your tineous has affected you great.	ort of ellie Welflects	ots tirests below m	n has h	me /	
	Net at	A tris of the time	Some of the time	A good deal of the three	Almost uil of the time
	. 0	7 1	7	1	+
2. Ny kaodia hao roado na toni tonas.		103	7	3	1
 My Souther has made market intacte. 	3.	100	2	1	-
4. My favolus has made the feet angry.	10	4	9	1	-
5. My Stroken has last me to cry.	(0)	1	2	-	
 Ally Erystau has led me to avoid quiet situations. 	-0-	10	2	2	4
My Snettus has made me tool less introvided in pints suit.	0	1	2	- 3	+
8. My frontis has made me feel Depressor.		15			
My Dreitse has made my last principal.		8	2	2	1
10. My throbe has made our had confused	(0)		2	2	
11. My Etrika has Moves my pracy"	0	eb l	2	3	4
52. My liveduce has procedured with my onjugations of the			2	3	4
13. We trivilla has stalle 8 hard for me in representation	0	93	2	3	4
14. My bierokin hast mode it hard for me to notes.		(3/	2	3	4
25. My Striken has stack me fact districted	0	CK	2	1	4
50. My liverion has exade one less had paymen.	1	CV	2	3	4
17. My Switch has made my look business with things.	(0)	1	2	3	. 1
on. My threshot has reterfaced with my stoffly to work.	0	CK	2	3	4
15. My liveline has led me to desper.	(3)	1	2	3	4
20. My Veeden has bed no to people comy pleasure.	(0)	1	2	3	4
21. My Shirther has led me to excel sector ploaters.	. 1	52	2	- 3	4
22. My WYREAR him made my lead booking at a re-	3	(12)	-2	3	4
	0	1	2	3	
C. My Srinker has interferred with my steep.	. 0	0	2	3	4
6. My feverby has bed me to make about makes	0	1	2	1	4
My Service has repris on their paracity.	0	0	2	2	4
. We free for the specimen but harmonical	2/	(1)	2	2	
(11)	9	17	Ø		0
Day of Acoromanics eval				1001	
Page Laft		Zoodka 301			

Tinnitus Reaction Questionnaire (TRQ)

Date Com

This questionnaire is designed to find out what sort of effects tinnitus has your lifestyle, general well-being, etc. Some of the effects below may apport on the passe answer all questions by circling the number that treflects how your tinnitus has affected you over the past week.

	Not at all	A little of the time	Sor of t
 My tinnitus has made me unhappy. 	0	1	2
My tinnitus has made me feel tense.	6	1	2
My tinnitus has made me feel irritable.	0	1	2
 My tinnitus has made me feel angry. 	6	1	
My tinnitus has led me to cry.	(0)	1	2
My tinnitus has led me to avoid quiet situations.	6	1	_ 2
 My tinnitus has made me feel less interested in going out. 	0	1	2
My tinnitus has made me feel depressed.	6	1	0
My tinnitus has made me feel annoyed.	0	1	2
My tinnitus has made me feel confused.	80	1	_ 2
My tinnitus has "driven me crazy".	0	1	2
My tinnitus has interfered with my enjoyment of life.	6	1	_ 2
 My tinnitus has made it hard for me to concentrate. 	(6)		2
 My tinnitus has made it hard for me to relax. 	6	1	2
 My tinnitus has made me feel distressed. 	8	1	2
My tinnitus has made me feel helpless.	8	1	2
My tinnitus has made me feel frustrated with things.	6	1	2
My tinnitus has interfered with my ability to work.	0	1	2
My tinnitus has led me to despair.	0	1	2
20. My tinnitus has led me to avoid noisy situations.	0	1	2
My tinnitus has led me to avoid social situations.	6	1	2
My tinnitus has made me feel hopeless about the future	0	1	2
10101	(0)	1	2
My tinnitus has interfered with my sleep.	70	1	0
My tinnitus has led me to think about suicide.	0	1	2
My tinnitus has made me feel panicky.	X		2
My tinnitus has made me feel tormented.	8	1	2
otal (C)	19	1	2

12 WKs after starting treatment

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